

# First Annual Whole Health Conference

## "Bringing Whole Health to Life"

### PRE-CONFERENCE PROGRAM SCHEDULE

TIME	SPEAKER	TITLE
9:00 AM	CHECK-IN AND REGISTRATION OPENS	-
11:00 AM	-	WELCOME
11:05 AM	Heather Tick, MD	Conceptual Overview and Evidence for Whole Health Integrative Care
11:45 AM	Brent Anderson, PT, DPT, OCS	How to Integrate Movement and Exercise in Pain Care
12:30 PM	-	BREAK
1:00 PM	Robb Russell, DC	How to Integrate Manual Approaches to Pain
1:45 PM	Maureen Mason, MS, DPT, WWCS, PYT, CCI	Care of Pelvic Floor Pain and Dysfunction
2:30 PM	-	BREAK
3:00 PM	Wojtek Cackowski, ATSI	Posture, Movement and Mobilization: Wholistic Approach for Challenging Pain Patients
3:45 PM	Catherine Justice, PT, DPT, CST,C-IAYT, E-RYT	Putting it all together: Bridging the Integrative Pain Care Gap from Healthcare to Community Spaces
4:00 PM	CHECK-IN AND REGISTRATION CLOSES	-
4:30 PM	-	END OF DAY

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### DAY 1 PROGRAM SCHEDULE

TIME	SPEAKER	TITLE
7:00 AM	CHECK-IN AND REGISTRATION OPENS	-
7:00 AM	-	Morning Movement
7:30 AM	-	Breakfast
8:30 AM	Rachel Abrams, MD, ABOIM; Mimi Guarneri, MD, FACC, ABOIM (Tracy Gaudet: Day Host)	Opening Ceremony and Remarks   Land Acknowledgment
9:00 AM	Tracy Gaudet, MD - Opening	The Transformation to Whole Health: What does this actually Mean?
9:45 AM	Don Berwick, MD, MPP - Vision of a Call for a Movement	-
10:15 AM	David Rychener, PhD - Part 1 (Whole Health Self-Reflection)	Stepping into Whole Health: A Personal Health Reflection
10:30 AM	-	COFFEE BREAK IN EXHIBIT HALL
11:00 AM	David Rychener, PhD - Part 2	Stepping into Whole Health: A Personal Health Reflection Part 2
11:15 AM	Black, Indigenous and People of Color Committee (BIPOC) Panel	Advancing Equity through Interprofessional Education: A Story of Organizational Change at AIHM
12:00 PM	Fasih Hameed, MD	Integrative Healthcare for the Underserved: Towards Good Medicine for All
12:30 PM	Past Presidents	Special 10 minute Past Presidents Presentation and Acknowledgement
12:40 PM	-	LUNCH & EXHIBITS
2:00 PM	Rashmi Mullur, MD	A Whole Health Approach to Diabetes Care
2:45 PM	Aly Cohen, MD	Environmental Toxins and Autoimmune Disease
3:30 PM	-	COFFEE BREAK IN EXHIBIT HALL
4:00 PM	Juli Olson, DC, LAc, VA Whole Health, FAIHM	Whole Health in Your Practice
4:45 PM	Patrick Hannaway, MD	Global Dysbiosis: From Macrobiome to Microbiome . . . and back
5:30 PM	-	END DAY 1
7:00 PM	-	Crone & Sage
8:30 PM	-	END CRONE AND SAGE

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### DAY 2 PROGRAM SCHEDULE

TIME	SPEAKER	TITLE
7:00 AM	CHECK-IN AND REGISTRATION OPENS	-
7:00 AM	-	Morning Movement
7:30 AM	-	Breakfast
8:30 AM	Kavitha Reddy, MD FACEP ABoIM, (Day Host)	Welcome and Announcements
8:45 AM	Kavitha Reddy, MD FACEP ABoIM (Distinction Between Integrative Medicine and Whole)	Shifting from "What's the Matter WITH You to What Matters TO You": A Clinician's Perspective on a Whole Health Approach to Care
9:30 AM	Scott Shannon, MD (Psychedelics and Mental Health)	The Inward Arc: Our Journey to Understanding Consciousness, Meaning, and Self.
10:30 AM	-	COFFEE BREAK IN EXHIBIT HALL
11:00 AM	Lise Alschuler, ND, FABNO	My 7 Top Integrative Oncology Botanicals
11:45 AM	-	Fellowship Graduation and Pinning
12:30 PM	-	LUNCH & EXHIBITS
2:00 PM	Mimi Guarneri, MD, FACC, ABOIM	Integrative Cardiology - Talk Title TBD
2:45 PM	Roger Jahnke, OMD (Tai Qi Gong Experiential)	Tai Qi Gong Experiential. Qigong: Ancient MindBody SelfCare Practices for Disease Prevention, Stress Mastery and Healing
3:30 PM	-	COFFEE BREAK IN EXHIBIT HALL
4:15 PM	Pain Panel (Brent Anderson, MD; Prasad Vinjamury, MD; Gilda Gilak, DC)	Integrative Approaches to Patients with Pain
5:00 PM	Alumni Panel (Anupama Kizhakkeveetil, PhD; Catherine Justice, PT, DPT, CST, C-IAYT, E-RYT, FAIHM; Scarlet Soriano, MD, ABOIM, FAIHM)	Transforming in Fellowship: Perspectives on Self, Practice, and Systems
5:30 PM	-	END DAY 2
5:30 PM	-	AIHM/SCU Alumni Reception
7:00 PM	-	AIHM 10 Year Gala

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### DAY 3 PROGRAM SCHEDULE

TIME	SPEAKER	TITLE
7:00 AM	CHECK-IN AND REGISTRATION OPENS	-
7:00 AM	-	Morning Movement
7:30 AM	-	Breakfast
8:30 AM	Rachel Abrams, MD, ABOIM (Day Host)	Welcome and Announcements
8:45 AM	Panel Part 1 (Mary Jo Kreitzer, PhD, RN, FAAN (Moderator); Russ Greenfield, MD; Cathy Baase, MD, FAAFP, FACOEM; Cara Feldman-Hunt, MA, NBC-HWC)	Aligning Incentives and Systems with Whole Health
9:30 AM	Panel Part 2 (Mary Jo Kreitzer (Moderator), Russ Greenfield, Cathy Baase, Cara Feldman-Hunt)	Aligning Incentives and Systems with Whole Health
10:30 AM	-	Exhibit Hall and Coffee Break
11:00 AM	Joe Tafur, MD	Spiritual Healing in Modern Healthcare
11:45 AM	Pamela Ayo Yetunde, Th.D	Listening Up(ward)
12:30 AM	-	END 2024 CONFERENCE