INTRODUCING THE FIRST-EVER DOCTOR OF WHOLE HEALTH LEADERSHIP

The Health and Medicine Division of the National Academies of Science, Engineering, and Medicine issued a consensus study report in February 2023 titled “Achieving Whole Health: A New Approach for Veterans and the Nation.” The report says that a “seismic culture shift in attitudes, structures, processes, and policies” is necessary to scale and spread a whole health approach.

The Doctor of Whole Health Leadership program at Southern California University of Health Sciences, developed with Cornerstone Collaboration for Societal Change and offered through a partnership with AIHM Academy of Integrative Health & Medicine, seeks to prepare these leaders.

### DWHL WITH AIHM FELLOWSHIP
- Designed for Academy of Integrative Health & Medicine fellows interested in earning an academic doctorate concurrently with their fellowship.
- 60 credits including 22 fellowship credits

### DWHL FOR INTEGRATIVE MEDICINE FELLOWS
- Designed for graduates of an Academic Consortium for Integrative Medicine and Health (ACIMH) recognized integrative medicine fellowship.
- 38 credits including 22 fellowship transfer credits

### DWHL FOR ADMINISTRATORS
- Designed for healthcare administrators with at least three years of leadership experience in the healthcare field.
- 62 credits including 24 elective credits

- **Two Years Online Coursework**
- **Four On-Site Weekend Intensives (Spring and Fall)**
- **Designed for Working Adults**
- **Capstone Project**
- **Start in April or October**

> "Perhaps the biggest risk facing the efforts to improve health and well-being for all, is to fail to realize that this requires not simply improvement upon the existing system but true transformation."

TRACY GAUDET, MD, CO-FOUNDER, CORNERSTONE COLLABORATION FOR SOCIETAL CHANGE
FOUNDING PROGRAM DIRECTOR, DWHL
WHO SHOULD TAKE THIS PROGRAM?

- ADVANCED PRACTICE NURSES
- DENTISTS
- DOCTORS OF CHIROPRACTIC
- LICENSED ACUPUNCTURISTS
- LICENSED CLINICAL SOCIAL WORKERS
- MEDICAL DOCTORS
- NATUROPATHIC DOCTORS
- OCCUPATIONAL THERAPISTS
- OSTEOPATHIC DOCTORS
- PHARMACISTS
- PHYSICAL THERAPISTS
- PHYSICIAN ASSISTANTS

- PODIATRISTS
- PSYCHOLOGISTS
- REGISTERED DIETITIANS
- REGISTERED NURSES WITH 30 GRADUATE CREDIT HOURS
- CERTIFIED MIDWIVES WITH 30 GRADUATE CREDIT HOURS
- HEALTHCARE ADMINISTRATORS WITH A MASTER’S DEGREE AND THREE YEARS LEADERSHIP EXPERIENCE IN A HEALTHCARE RELATED FIELD
- GRADUATES OF AN INTEGRATIVE MEDICINE FELLOWSHIP PROGRAM RECOGNIZED BY THE ACADEMIC CONSORTIUM FOR INTEGRATIVE MEDICINE AND HEALTH
- PROFESSIONALS PLANNING TO ENTER THE AIHM ACADEMY OF INTEGRATIVE HEALTH AND MEDICINE FELLOWSHIP PROGRAM

WHAT YOU’LL LEARN

- Leadership skills and strategies to drive system transformation
- The science, research, and cases supporting a whole health approach
- The healthcare policies, politics, and history impacting system change
- Critical elements of integrative and whole health models
- Whole health coaching skills
- The role of whole health nutrition
- The importance of self-care

WHAT YOU’LL EXPERIENCE

- An engaging community of like-minded change agents
- The opportunity to learn from national leaders in whole health including the architects of the VA’s Whole Health Initiative
- An exploration of what whole health means to you personally
- The chance to design a capstone experience that addresses real-world challenges and opportunities
- Intellectually rigorous coursework that provides you with the knowledge and skills to become a whole health leader

WHAT YOU’LL BE PREPARED TO DO

- Lead your organization in integrating whole health
- Consult with professional associations, accreditors, clinics, government agencies, and other organizations interested in adopting whole health
- Speak and publish on issues relevant to whole health
- Advocate for whole health locally, regionally, nationally, and internationally

LEARN MORE

Email: DWHLAdmissionsConsultant@scuhs.edu
Call: 562-902-3367

This program is pending approval by WSCUC Senior College and University Commission Southern California.
Federal financial aid available to those who qualify.