

Sample Fellowship Program

BLOCK 1

Visionary Medicine **Fvidence-Informed** Integrative Medicine **Motivational Interviewing** Social Influences on Health Self Care Clinical Round Table

WORKSHOP 1

BLOCK 2

Evolving Human Nutrition Evidence-Informed Integrative Medicine II **Dietary Supplements Nutrition & Fitness** Self Care Clinical Round Table

BLOCK 3

Mind-Body-Spirit Medicine **Botanical Medicine** Traditional Medicine Systems **Clinical Round Table** Integrative Medicine Research Self Care Clinical Round Table

BLOCK 4

Ecological Health Environmental Medicine Role of Inflammation Herb-Drug-Nutrient Interactions Self Care **Clinical Round Table**

WORKSHOP 2

BLOCK 5

Business of Integrative Medicine Integrative GI **Energetics of Food** Self Care Clinical Round Table

BLOCK 6

Integrative Cardiology Integrative Men's Health Integrative Pain Management

BLOCK 7

Integrative Oncology Integrative Mental Health & Addiction **Integrative Pediatrics**

BLOCK 8

Integrative Women's Health **Biofield Science** Final Fxam

CLINICAL IMMERSION*

WORKSHOP 3*



AIHM Annual Conference & Hybrid* Graduation Ceremony

April and October Cohorts are welcome to attend in-person or online.

*with the option to attend in-person or online.

Instruction & Assessment

The entire curriculum will be conducted in a virtual classroom environment. enabling you to work from your home, office or favorite Wi-Fi spot. The online curriculum is comprised of engaging online content and quizzes, podcasts, video presentations, and dialogues with faculty and classmates. We offer optional in-person learning opportunities as well.

Fellows are required to complete workshops and clinical immersion activities.

Engage in experiential sessions and clinical round tables. Learn from clinicians practicing integrative medicine in a variety of settings, enabling you to put your learning into practice.