Vivos brings to market an advanced therapeutic protocol using proprietary oral appliance technology prescribed by specially trained independent dentists in cooperation with their medical colleagues.

How It Works

Our treatment for mild-to-moderate OSA involves a specially designed and customized oral appliance (the mRNA and mRNA) and treatment protocols that we call the Vivos Method. The Vivos Method technology represents the first nonsurgical, noninvasive, and cost-effective alternative that normally does not require lifetime use or intervention for the hundreds of millions of people globally who suffer from mild-to-moderate OSA.

Sleep Assessment
Train to perform in-home sleep assessments, including biometric analyses.

Medical Imaging
Use advanced three-dimensional cone beam computed tomography to determine the right therapeutic approach and treatment plan.

Treatment Algorithm
The Airway Intelligence report provides a step-by-step treatment to correct developmental deficiencies to relieve OSA symptoms.

Oral Appliance Therapy
Customize your patients’ oral appliances to wear during sleep for an estimated 12–24 months.
COMBATING THE
Sleep Health Epidemic

Sleep is a foundation of optimal health and healing.

With the study of sleep at the forefront of medical research, it is widely accepted that many important biological processes occur during healthy sleep, including the following:

- Proper brain function
- Emotional well-being
- Cellular restoration
- Energy conservation
- Weight regulation
- Proper insulin function
- Immunity
- Heart health

Many chronic conditions can be traced to unhealthy sleep:

- Chronic Headaches
- Aggressive Behavior
- Hyperactivity Disorder
- Alzheimer’s Disease
- Chronic Depression
- Chronic Anxiety
- Attention Deficit Disorder
- Dementia
- Fibromyalgia
- Chronic Pain
- Restless Leg Syndrome
- Persistent Snoring
- Gasping Episodes
- Hypothyroidism
- Bruxism
- Crowded Teeth
- Cardiovascular Disease
- Chronic Fatigue
- Hypertension
- Asthma
- Obesity
- Nocturnal Enuresis

An estimated 22 MILLION Americans
Approximately 1 BILLION Worldwide

1 in 4 Middle-Aged Men
87% REMAIN UNDIAGNOSED

The typical dental practice has an estimated 500 EXISTING PATIENTS who suffer from obstructive sleep apnea.

Dentists are in a unique position to identify the warning signs of mild-to-moderate OSA.

An estimated 22 MILLION Americans
Approximately 1 BILLION Worldwide
<table>
<thead>
<tr>
<th>MODERN DENTISTRY’S Essential Role</th>
<th>SLEEP MEDICINE’S New Paradigm</th>
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<tbody>
<tr>
<td>Modern dentistry plays an essential role in the treatment of mild-to-moderate obstructive sleep apnea that may result from midfacial hypoplasia and/or mandibular retrognathia.</td>
<td>Sleep medicine offers a new paradigm in the treatment of obstructive sleep apnea in the dental office. Traditional sleep appliance therapy helps to relieve symptoms. Sleep medicine targets the underlying cause.</td>
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1. **Observation**
   Observe the dental clues and warning signs during routine examinations. Implement specific procedures to identify risks.

2. **Screening**
   Screen patients for health conditions that may indicate unhealthy sleep. Offer in-home sleep testing for diagnosis.

3. **Diagnosis**
   Collaborate with medical colleagues to diagnose obstructive sleep apnea for all patients who present with symptoms.

4. **Treatment**
   Design a complete treatment plan, which may include myofunctional therapy, atlas chiropractic, nutritional guidance, and oral appliance therapy.

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**The Vivos mmRNA appliance®**
FDA-Cleared Class II Medical Device

**Vivos mmRNA Appliance**
The Vivos mmRNA Appliance® has 510(k) clearance from the FDA as a Class II medical device for jaw repositioning and the treatment of mild-to-moderate sleep apnea and snoring in adults.

**Vivos mRNA Appliance**
The mRNA Appliance® has 510(k) clearance from the FDA as a Class II medical device for the treatment of adult patients diagnosed with mild-to-moderate sleep apnea and snoring.

**Vivos DNA Appliance**
The Vivos DNA Appliance® is registered with the FDA as a Class I appliance.

**Vivos Guides**
The Vivos Guides are registered with the FDA as Class I devices.

**Additional Services**
We also provide solutions for orthodontia and tooth positioning.
As an integrated provider, you can enjoy our comprehensive practice ecosystem.

**Practice Advisory Service (Pa)**
Practice Operations
Integrating sleep medicine will impact every aspect of practice operations. Vivos Integrated Practices are assigned a dedicated Practice Advisor to help you successfully navigate the required operational changes within your practice.

**Airway Intelligence Service (AIS)**
Treatment Planning
The Airway Intelligence Service is a team of leading experts and thought leaders who are here to support your clinical diagnostics, treatment planning, and therapy options. With access to a clinical mentor, proprietary diagnostics, therapy services, and technical product support, you will have everything you need throughout your patient’s treatment.

**The Vivos Institute**
Continuing Education
Vivos Integrated Practices enjoy a robust Learning Management System, virtual training, and access to advanced clinical and practice management courses offered exclusively at The Vivos Institute™. Courses include clinical core curriculum, practice management and integration, patient education, and a variety of elective courses.

**Billing Intelligence Service (Bi)**
Case Acceptance + Billing
The Vivos Billing Intelligence Service provides the guidance and professional services to ensure case acceptance and maximum benefits from billing medical insurance. Gain insight and training or sign up for our complete, full-service billing service.

**VivoScore**
Precision Diagnostics
VivoScore powered by SleepImage® is advanced precision diagnostics for sleep quality and obstructive sleep apnea. VivoScore technology analyzes autonomic nervous system regulation during sleep from a single sensor ring recorder. Proprietary algorithms automatically generate clinical outcome metrics on sleep quality, sleep duration, and OSA, summarized in an easy-to-read report format.

**MyoCorrect by Vivos**
Myofunctional Therapy
Myofunctional therapy will play a significant role in your patient treatment plans with sleep medicine. Our MyoCorrect program supports your treatment plan with your patients by having them work with our team of orofacial myofunctional therapists across 17 different 1:1 sessions over nine to 12 months. In each MyoCorrect session, we work with patients to strengthen tongue function, facial muscles, breathing, swallowing, chewing, speech, and more.

For more information, visit us at vivoslife.com.