Welcome to the 7th annual AIHM People, Planet, Purpose conference and meeting, an annual tradition for members and colleagues that began over 40 years ago at the American Holistic Medical Association (AHMA) inaugural meeting in 1978. This year’s conference we announce our merger with the Academic Collaborative for Integrative Health (ACIH), an organization that has led collaboration in integrative health for decades. It is our great honor to be working side-by-side with so many ACIH leaders from the acupuncture, chiropractic, naturopathic, midwifery and massage community, as well as leaders from yoga therapy, Ayurvedic, and somatic movement communities, together with the global anthroposophic clinicians, integrative medical doctors, holistic nurses and many other professions.

We have exciting new partnerships that we will unveil at the meeting, and we will be holding daily Global Leadership Panels with thought leaders from around the world to ask the questions on how to come together to actualize our collective vision of transforming healthcare.

This conference has something for everyone; from integrative pain management to COVID-19 updates, to the latest in transformative leadership, stress management, planetary health and connecting with the sacred and community.

You will hear from thought-provoking global leaders such as Otto Scharmer, Zohray Talib, Veerabhadran Ramanathan and Nikki Silvestri. And you will leave lifted, inspired, and ready to return nourished and revitalized to your practice, work and life.

As a community of healthcare providers, we know that we need to mobilize and be the change we want to see. AIHM 2021 is more than a conference; it is a movement. It is our opportunity to connect with people from all over the world to learn the latest data on the science and art of health and healing, network to move the integrative health movement forward, and be in a nurturing environment supported by our colleagues and friends. We invite you to come reimagine healthcare, join the movement, and transform the planet.

*Now is the time. Together we are the change.*

We hope you will join us for the most important integrative health and medicine conference of the year.

With much warmth,

Mimi Guarneri, MD, FACC, ABOIM
Founding President, AIHM
Co-chair, AIHM Conference Planning Committee

Tabatha Parker, ND
Executive Director, AIHM
Co-chair, AIHM Conference Planning Committee
Program Highlights

This is not just a conference, this is an experience.

The AIHM Annual Conference is a special time of year when we gather together as a community of like-minded people to connect with each other on a deep, heart level and share in the joy of being a provider once again. Join us to experience this truly transformational event that is unlike any other medical conference of its kind. You won’t want to miss it.

Evidence-based High-yield Content
Interprofessional Networking Opportunities
Renowned Faculty
Personal Renewal & Transformation
Part of a Vital Social Movement

What Attendees are Saying

“I loved so many things about this conference. It was truly inspiring and I plan to come every year. One of my favorite things was networking with so many bright minds and collaborating ideas to apply to our current practice. The conference is a perfect blend of medicine and spirituality.”

“This conference is more than just CME/learning for me...it is also like a retreat. I come here to recharge and it has never failed me.”
Featured Keynote Livestream Presenters

These outstanding speakers are chosen for their expertise and leadership in integrative health and medicine. To view the full program and speaker lineup, visit aihm.org/conference.
Featured Pre-Recorded Session Speakers

Sandra Amado, MD, FAIHM
Lynnie Correll MD, PhD, FAAP, FAIHM
Jill Crista, ND
Heidi Crocker, EdD, DC, C-IAYT
Barbara Dossey, PhD, RN, AHN-BC, FAAN, HWNC-BC
Tara Doyle Bizily, MD, FAIHM, ABOIM, ABIHM
Ricardo Ghelman, MD
Julie Greenberg, ND
Mark Hancock, MD
Dan Handley, MS, PhD
Daniel Kinderlehrer, MD
Catherine Justice PT, DPT, C-IAYT, CST, E-RYT
Geeta Maker-Clark, MD
Ya-Ling Liou, DC
Ryan McNally, ND, PA
Yvette Miller, MD
Sanghamitra Misra, MD
Steffany Moonaz, PhD, C-IAYT
Katherine Pohlman, DC, MS, PhD
Robb Russell, DC
Madiha Saeed, MD
Tara Scott, MD
Nell Smircina, DAOM, L.Ac., Dipl. OM
David Steinhorn, MD
Marlysa Sullivan, DPT, C-IAYT, PT
Santi Tanikella-Jose MD, FAIHM
Jana Din
Thank You to Our Planning Committee

Mimi Guarneri, MD, FACC, ABOIM
Chair

Jean Davis, DC, PA, PhD

Scarlet Soriano, MD, FAIHM, ABOIM

Rauni Prittinen King, MIH, RN, HNB-BC, CHTP/I

Stephan A. Nobs, CHTP

Tabatha Parker, ND
Co-Chair

Liza Goldblatt, PhD, MPA/HA

Rachel Carlton Abrams, MD

Tabatha Parker,
ND
Co-Chair

Jean Davis, DC,
PA, PhD

Scarlet Soriano,
MD, FAIHM,
ABOIM

Rauni Prittinen
King, MIH, RN,
HNB-BC, CHTP/I

Stephan A. Nobs,
CHTP

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ABOIM

Rauni Prittinen
King, MIH, RN,
HNB-BC, CHTP/I

Stephan A. Nobs,
CHTP

What Attendees are Saying

“This conference was food for the soul. The venue was amazing, the food was fantastic, and the networking and people were outstanding. I was able to meet new people and reconnect with professionals I hadn’t seen in many years.”

Make an impact with a degree in HEALTH SCIENCES

Doctor of Chiropractic • Clinical Mental Health Counseling
Doctor of Clinical Nutrition • Human Nutrition and Functional Medicine
Sports Medicine • Sport and Performance Psychology

LEARN MORE
uws.edu/AIHM
Thank You to Our BIPOC Committee

In 2021, the AIHM Black, Indigenous, and People of Color Task Force proposed recommendations to the AIHM board to help us as an organization begin the journey towards equity, including the deep work that needs to be done not only within our organization but within the integrative health movement as a whole. Our board unanimously adopted those recommendations and has since been on a path, guided by our BIPOC Committee leaders, toward those goals.

The 2021 Annual People. Planet. Purpose. Conference has been designed, like all the work we have done this year at AIHM, through that equity lens, informed by the values, recommendations, and deep commitment to equity outlined by the BIPOC Committee. We invite you to read the full set of BIPOC recommendations and ask that as you move through this conference, you ask yourself - how can I bring equity work into my practice, my community, and the larger integrative health movement.

We want to thank the entire BIPOC Committee, led by co-chairs Dr. Yvette Miller, MD and Dr. I. Jean Davis PhD, DC, PA, MSCR for the countless hours of work they give, as well as their insights, wisdom, dedication, and love.

We first recommend that the AIHM make a commitment, as an organization, to consider equity and racism when making all future decisions, and to dismantling previous policies that continue to contribute to inequity (including racial, LGBTQ, disability). This commitment needs to stem from a deep and abiding commitment to racial equity. Our institutional commitment must be grounded on the firmly held belief that all people are of equal value. An unshakable commitment to racial equity and ending discriminatory practices is fundamental to the integrity, strength, and effectiveness of the integrative health movement. We all agree that we are stronger, more vital, and more successful as an organization when we are transparent about our decision making, and when the diversity of our organization—in our leadership, our teaching faculty, our staff, and our membership—reflects the diversity of the human population. This isn’t a short-term “project.” It is an integral part of our values as an organization and of the embodied leadership we offer our community and the larger world.

We are, by our nature, the optimal organization to speak to the two great interconnected crises of our time: Environmental collapse and Inequity in Health, Wealth, and Education. Integrative solutions which consider all factors that contribute to both of these crises are the only ones that will be effective in long-term change. And we must lead this change—starting with our own organization.

“Never forget that justice is what love looks like in public.”
~Cornel West

Excerpts from the 2021 Recommendations to the AIHM Board by the Black, Indigenous and People of Color Committee

“Never forget that justice is what love looks like in public.”
~Cornel West

“There is no social-change fairy. There is only change made by the hands of individuals.”
~Winona LaDuke
Thank You to Our Research Committee

Paul Amieux, PhD
Committee Co-Chair

Kieran Cooley
BSc, ND
Committee Co-Chair

Baljit Khamba,
ND
Committee Co-Chair

Monica Aucoin,
ND

Serena Bezdjian,
PhD

Erika Cappelluti,
MD, PhD, MA,
FCCP, ABOIM

Elisabet Osgood-Campbell, MA,
EdM, RSME

Dr. Arvin Jenab,
ND

Anu Kizhakkeveettill,
BAMS, MAOM,
LAc, CMT, PhD

Matthew Leach,
DipAppSc, BN,
PhD

Bill Meeker, DC,
MPH

Darshan Mehta,
MD, MPH

Traci Pantuso,
ND, MS

Tabatha Parker,
ND

Katherine A.
Pohlman, DC,
MS, PhD

Guillermo Ruiz,
NMD

Erin Sweet, ND,
MPH

Lisa J. Taylor-Swanson, PhD,
MAcOM, LAc

S. Prasad
Vinjamury, MD
(Ayurveda),
DACM, MPH

Jim Whedon, DC

AIHM Annual Conference 2021: People. Planet. Purpose. | 7
## Pre-Conference Day

### Thursday, October 28

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11:00 AM PT</td>
<td>AIHM Board Meeting</td>
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<tr>
<td>NOON</td>
<td>AIHM Board Lunch</td>
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<tr>
<td>1:30 PM–3:00 PM PT</td>
<td>AIHM Board Meeting + ACIH Voting Council Meeting</td>
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<tr>
<td>3:00 PM–5:00 PM PT</td>
<td>Fellowship Cohort 7 Retreat 3 Opening Circle</td>
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<tr>
<td>Erika Cappelluti, MD, PhD, MA, FCCP, ABOIM</td>
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</tr>
<tr>
<td>3:30 PM–5:30 PM PT</td>
<td>Leadership Meeting with AIHM Board, ACIH Voting Council, ACIH Member Organizations, New AIHM Organizational Members, and Invited Leader Guests</td>
</tr>
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</table>

NOON AIHM Board Lunch

11:00 AM PT AIHM Board Meeting

1:30 PM–3:00 PM PT AIHM Board Meeting + ACIH Voting Council Meeting

3:00 PM–5:00 PM PT Fellowship Cohort 7 Retreat 3 Opening Circle

Erika Cappelluti, MD, PhD, MA, FCCP, ABOIM

3:30 PM–5:30 PM PT Leadership Meeting with AIHM Board, ACIH Voting Council, ACIH Member Organizations, New AIHM Organizational Members, and Invited Leader Guests
Learn from the Leaders in Integrative Health & Medicine

- Evidence-based integrative health & medicine education
- More than 20 professions are eligible to apply
- Connect with like-minded practitioners and providers
- ABOIM-approved 2-year hybrid Fellowship

Special discounts offered to conference attendees!

Meet the Fellowship team and find out how to connect with current Fellows and alumni.

Learn more about the Fellowship
Day 1—Part 1 | Friday, October 29

Featuring: Grace Sesma
Cultural Leader / Bridge Builder

Grace Alvarez Sesma is a cultural practitioner of Mexican Traditional Healing (Curanderismo), a ceremonialist, and activist. In addition to her Curanderismo healing practice, she is a facilitator for San Diego State University’s Academy for Professional Excellence School of Social Work Tribal Star program. She serves as Elder-in-Residence annually at the First Nations Iskotew and Kumik teaching lodges in Canada. Grace is a 1993 Fellow of the National Hispana Leadership Institute, a collaborative project with the Center for Creative Leadership and Harvard University John F. Kennedy School of Government. As a cultural educator, she works with Chicano/Latina/Indigenous mental health therapists and other healthcare providers to promote understanding of Mexican and Indigenous culture-specific interventions and to encourage mutually respectful collaboration. She is a member of the Kanap Kuhan Coalition, advisor to the House of the Moon (Missing & Murdered Indigenous Women), and serves on the Consciousness & Healing Initiative (CHI) Practitioners Council.

Johnny Eagle-Spirit Elliot
Manzanita Tribal Councilman

Johnny Eagle-Spirit Elliot is a Tribal member of and serves on the Tribal Council of the Manzanita Band of the Kumeyaay Nation, a federally-recognized Indian tribe, which governs the Manzanita Indian Reservation located within what is now known as San Diego County. He serves as Chair of the Manzanita Economic Development Corporation and Housing Committee and is Chair of the Kumeyaay Diegueño Land, which works to strengthen Kumeyaay ancestral ties to the ocean, mountains and desert through protective land management, cooperative agreements and educational programs. Additionally, he is also Board Treasurer for the Native Land Trust Council, the San Diego River Conservancy Governing Board and is active with the Board of Directors of the Southern Indian Health Council and a Board Member of the Imperial Valley Desert Museum. Among his many tribal responsibilities, he is a strong proponent of cultural and language revitalization, protection of sacred sites and reincorporation of traditional practices into present-day lifeways.

Day 1—Part 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 AM PT</td>
<td>Conference Opening: Mimi Guarneri, MD, FACC, ABOIM; Tabatha Parker, ND; Bill Meeker, DC, MPH, I. Jean Davis, PhD, DC, PA, MSCR, Scarlet Soriano, MD, Yvette Miller, MD</td>
</tr>
<tr>
<td>8:15 AM PT</td>
<td>Special Guest Message by His Holiness the Dalai Lama (Non-CME)</td>
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<tr>
<td>8:30 AM PT</td>
<td>Welcome to Kumeyaay Land: Johnny Eagle-Spirit Elliot, Manzanita Tribal Councilman</td>
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<tr>
<td>9:00 AM PT</td>
<td>How to Grow Integrative Health Movement Globally</td>
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<tr>
<td>9:45 AM PT</td>
<td>Environmental Medicine</td>
</tr>
<tr>
<td>10:30 AM PT</td>
<td>Break &amp; View Exhibits</td>
</tr>
<tr>
<td>11:00 AM PT</td>
<td>The Management of Hormone Replacement in Integrative Practice</td>
</tr>
<tr>
<td>11:30 AM PT</td>
<td>Lunch, View Exhibits &amp; Posters</td>
</tr>
<tr>
<td>12:00 PM PT</td>
<td>Streamline GI treatments with protocols + NEW diagnostic testing from Wellevate® (Non-CME)</td>
</tr>
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</table>

A Message from His Holiness the Dalai Lama

We are honored and privileged to inform you that His Holiness the Dalai Lama (HHDL) will be offering a brief message to the AIHM October 2021 conference attendees via a pre-recorded Zoom about the interconnectedness of individual health, the health of the planet and all living beings, as well as the importance of being dedicated to working for the benefit of others and how this important action both helps ourselves and others.
This event is a special tradition and part of our AHMA legacy. Attendees share in reflection and deep supportive connection, coming together to celebrate our shared wisdom, humanity and holistic heritage. Join us virtually for these sacred ceremonies.

Crone and Sage School
A Conference Tradition

Special Event | Friday 10/29, 7:30–9:00 PM PT

Transforming Systems through Shifting Consciousness
Otto Scharmer, PhD

Resilience and Well-Being
Darshan Mehta, MD, MPH

Integrative Pain Management
Robert Bonakdar, MD, FAAFP, FACN

Creating Solutions for Global Change
Arizona State Innovation Group

Transformation of Systems, Ourselves and Society
Benjamin Kligler, MD, MPH

Global Leadership Panel & Roundtable Discussion One
Moderators: Tabatha Parker, ND; Bill Meeker, DC, MPH; Scarlet Soriano, MD, FAIHM, ABOIM, Elizabeth Goldblatt, PhD, MA/HA

Global Leaders will engage in dialogue around the following: What are the critical steps we need to take to build a global movement in integrative health based on equity? What are the top 3 issues most critical to the TCIM fields in integrative health? What are 1 or 2 solutions you see for us as a movement? How would you envision the strategic project that could move us all forward? What can we focus on together?

Mimi Guarneri, MD, FACC, ABOIM—Founding President, Academy of Integrative Health & Medicine (AIHM), USA
Tido von Schoen-Angerer, MD, MPH—Vice President, Treasurer, International Federation of Anthroposophic Medicine (IVAA), Switzerland
Benjamin Kligler MD, MPH—National Director Integrative Health Coordinating Center US Department of Veteran Affairs, USA
Jon Adams, PhD, Distinguished Professor of Public Health, Director of the Australian Research Centre in Complementary and Integrative Medicine (ARCCIM) and Deputy Head of School (Research) at the School of Public Health, University of Technology Sydney Australia
KaKit P. Hui, MD—East West Center of UCLA, Director of the UCLA Center for East-West Medicine at the Department of Medicine of the David Geffen School of Medicine, consultant to the FDA, NIH, WHO - USA
Natalia Sofia Aldana-Martinez, MD, MSc—Editor-in-Chief, Virtual Health Library on Traditional Complementary and Integrative Medicine of the Americans (TCIM Network), Colombia
Ricardo Ghelman, MD—President, Brazilian Consortium for Integrative Health (CABSIN), Brazil
Darshan Mehta, MD—AIHM BIPOC Committee Member, Academic Consortium of Integrative Medicine & Health (ACIMH), Medical Director, Benson-Henry Institute for Mind Body Medicine, Massachusetts General Hospital, USA

Create Solutions for Global Change
Arizona State Innovation Group

Transforming Systems through Shifting Consciousness
Otto Scharmer, PhD

Resilience and Well-Being
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Darshan Mehta, MD—AIHM BIPOC Committee Member, Academic Consortium of Integrative Medicine & Health (ACIMH), Medical Director, Benson-Henry Institute for Mind Body Medicine, Massachusetts General Hospital, USA

Day 1—Part 2

4:00 PM PT
Creating Solutions for Global Change
Arizona State Innovation Group

4:30 PM PT
Transformation of Systems, Ourselves and Society
Benjamin Kligler, MD, MPH

5:00 PM PT
Global Leadership Panel & Roundtable Discussion One
Moderators: Tabatha Parker, ND; Bill Meeker, DC, MPH; Scarlet Soriano, MD, FAIHM, ABOIM, Elizabeth Goldblatt, PhD, MA/HA

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Day 1—Part 3

6:30 PM PT
Day 1 Adjournment

7:30 PM PT
Crone & Sage School

9:00 PM PT
Crone & Sage Adjournment
<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 AM PT</td>
<td><strong>Morning Welcome:</strong> I. Jean Davis, PhD, DC, PA, MSCR, Scarlet Soriano, MD, Yvette Miller, MD</td>
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<tr>
<td>8:30 AM PT</td>
<td><strong>Transformative and Collaborative Leadership</strong>&lt;br&gt;Sarita Verma, LLB, MD, CCFP, FCFP</td>
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<tr>
<td>9:00 AM PT</td>
<td><strong>Unity vs Disconnection, Roots in the Environment</strong>&lt;br&gt;Nikki Silvestri</td>
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<tr>
<td>9:30 AM PT</td>
<td><strong>Women, Food Sovereignty and Integrative Health</strong>&lt;br&gt;Scarlet Soriano, MD, ABOIM, FAIHM</td>
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<tr>
<td>10:00 AM PT</td>
<td><strong>Integrative Ayurveda</strong>&lt;br&gt;Anupama Kizhakkeveettil, BAMS (Ayu), MAOM, PhD</td>
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<tr>
<td>10:30 AM PT</td>
<td><strong>Break &amp; View Exhibits</strong></td>
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<tr>
<td>11:00 AM PT</td>
<td><strong>Energy Psychology: A Brief Evidenced-Based Approach for Treating Trauma</strong>&lt;br&gt;Robert Schwarz, PsyD, DCEP</td>
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<tr>
<td>11:30 AM PT</td>
<td><strong>COVID-19 Vaccine Updates/ Prevention</strong>&lt;br&gt;Jean Davis, PhD, PA, DC, FAIHM; Keith Norris, MD</td>
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<tr>
<td>NOON PT</td>
<td><strong>Break &amp; View Exhibits and Posters</strong></td>
</tr>
<tr>
<td>1:30 PM PT</td>
<td><strong>Post COVID Call to Action: Addressing Opioid &amp; Mental Health Crises</strong>&lt;br&gt;John Rosa, DC</td>
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<tr>
<td>2:30 PM PT</td>
<td><strong>Stress Management &amp; Integrative Mental Health</strong>&lt;br&gt;Debra Rose Wilson, PhD, MSN, RN, AHN-BC, CHT</td>
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<tr>
<td>3:00 PM PT</td>
<td><strong>Strategies for Integrative Health within Conventional Institutions: The Essential Health Model</strong>&lt;br&gt;Nancy Sudak, MD, ABIHM, IFMCP</td>
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## Day 2—Part 3

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>3:30 PM PT</td>
<td>Break &amp; View Exhibits</td>
</tr>
<tr>
<td>4:00 PM PT</td>
<td>Healing Ourselves: Biofield Science and the Future of Health</td>
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<td></td>
<td>Shamini Jain, PhD</td>
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<tr>
<td>4:30 PM PT</td>
<td>Global Leadership Panel &amp; Roundtable 2—Continued from Day 1</td>
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<td></td>
<td>Moderators: Tabatha Parker, ND; Bill Meeker, DC, MPH, Elizabeth “Liza” Goldblatt, PhD, MHA/PA</td>
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<td><strong>Brief History of Bravewell</strong> by Mimi Guarneri, MD to begin Global Dialogue with Panelists.</td>
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<td></td>
<td>Global Leaders will engage in dialogue around the following:</td>
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<tr>
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<td>What are the critical steps we need to take to build a global movement in integrative health based on equity?</td>
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<td>John Scaringe, DC—President, Southern California University of Health Sciences</td>
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<td>Joseph Pizzorno, ND—Board Chair, Institute for Functional Medicine, Founding President, Bastyr University</td>
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<td>Daniel Gallego-Perez, MD, DrPH(c)—Integrative, Complementary and Traditional Health Practices (ICTHP) Section Chair of the American Association of Public Health (APHA), Pan-American Health Organization (PAHO) Consultant</td>
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<td></td>
<td>Margaret Erickson PhD, RN, CNS, APRN, APHN-B® , SGAHN, CEO, American Holistic Nursing Credentialing Corporation (AHNCC), Vice Chair of the Integrative Healthcare Policy Consortium (IHPC)</td>
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<td>Grace Sesma, Cultural Leader / Bridge Builder, San Diego State University’s Academy for Professional Excellence School of Social Work Tribal Star programSchool of Social Work Tribal Star program.</td>
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<tr>
<td>6:00 PM PT</td>
<td>Fellowship Cohort 7 Fall 2021 Graduation Ceremony</td>
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<tr>
<td>6:45–8:00 PM PT</td>
<td>Holistic Happy Hour &amp; Graduation Celebration</td>
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<tr>
<td>8:00 PM PT</td>
<td>Day 2 Adjournment</td>
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### Featured Keynote, 1:00PM Friday

**Otto Scharmer**
**Transforming Systems through Shifting Consciousness**

Scharmer co-founded the MITx u.lab and in 2020 the GAIA journey (Global Activation of Intention and Action), both of which activated a vibrant worldwide ecosystem of transformational change. Most recently, he and United Nations colleagues co-hosted the Global Dialogues on Transforming Systems. With his colleagues he co-created the Action Learning Lab for change makers across UN agencies, as well as a set of SDG Leadership Labs that build capacity for leading transformational change.
## Day 3 — Sunday, October 31

### We’re All In This Together

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 AM PT</td>
<td>Morning Welcome</td>
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<tr>
<td>7:45 AM PT</td>
<td>Special Guest Speaker</td>
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| 8:00 AM PT    | Bending the Curve on Climate Health: Collaborations and the Future of our Planet  
Veerabhadran Ramanathan, PhD |
| 8:45 AM PT    | Reconnecting to the Sacred: Self, Community, Nature and Spirit        
Jamie Harvie, PE |
| 9:30 AM PT    | Integrative Medicine & Resilience: Toward Action, Together            
Anna O’Malley, MD & James Stark, MA, MES |
| 10:15 AM PT   | Declaration of the Health of People, Health of Planet and Our Responsibility  
Mimi Guarneri, MD, FACC, ABOIM |
| 11:00 AM PT   | Break & View Exhibits                                                |
| 11:30 AM PT   | Change Maker Round Tables                                            
Scarlet Soriano, MD, FAIHM, ABOIM; Tabatha Parker, ND |
|               | **Membership Meeting / Awards**                                      
*Masters of Ceremonies:* Bill Meeker, DC, MPH—AIHM Board Chair, Tabatha Parker—AIHM Executive Director  
Including Annual Report from Executive Director, BIPOC Updates, Research Awards, Student Alliance Leadership Council Leaders Announced, BIPOC Committee Updates, Annual Awards and More. |
| 1:00 PM PT    | Conference Adjournment                                               |

### CME CREDITS

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and the Academy of Integrative Health & Medicine. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM®) PDA Points Pending.

*The University of California, Irvine School of Medicine designates this live activity for a maximum of 44.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*
About AIHM

The Academy of Integrative Health & Medicine (AIHM) is an interprofessional membership association of diverse health professions working together to transform health care globally—body, mind, spirit, community and planet.

aihm.org/join

Membership Options

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<tr>
<th>Membership Options</th>
<th>MD / DO</th>
<th>Other Licensed/Certified Practitioner</th>
<th>Supporter</th>
<th>Retired</th>
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<tbody>
<tr>
<td>Full-Time Student or Resident</td>
<td>$345/ year</td>
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<td>Non-clinical Health Professional</td>
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<td>Supporter</td>
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AIHM Chapters & Student Alliances

AIHM Chapters and Student Alliance are working collaboratively to build a global community and interprofessional global network. To join an existing group or to request a new group in your area, please contact Sadi Jimenez, ND for more information.

Join Today
Over 20 additional AIHM MEMBER PRESENTATIONS *listed alphabetically—pre-recorded videos, available as additional online content for all attendees

Preventing Burn Out: Simple energy healing techniques to practice daily
Sandra Amado, MD, FAIHM

Everything Old Is New Again: Introducing Integrative Medicine to the Pediatric Perioperative Arena
Lynnie Correll, MD, PhD, FAAP, FAIHM

An Integrative Approach to PANDAS
Jill Crista, ND

Integration of Yoga Therapy into Comprehensive Integrative Pain Management
Heidi Crocker, EdD, DC, C-IAYT

Florence Nightingale’s Legacy, Mysticism, and Spirituality
Barbara Dossey, PhD, RN, AHN-BC, FAAN, HWNC-BC

Vitamin A: Beyond Vision for Full Health
Tara Doyle Bizily, MD, FAIHM, ABOIM, ABIHM

Integrative Pediatrics in Brazil: Broadening Horizons in South America
Ricardo Ghelman, MD

The Gut-Skin Connection: How Gut Dysbiosis Causes Skin Disease
Julie Greenberg, ND

Emerging Paradigms in Mistletoe Therapy and Helleborus Therapy for Cancer and Chronic Diseases
Mark Hancock, MD

Microplastics in our Waterways and Their Potential Effects on Human Health and the Environment
Dan Handley, MS, PhD

Befriending the Body: Advances in Therapeutic Yoga for Chronic Pain
Catherine Justice PT, DPT, C-IAYT, CST, E-RYT

Psychiatric Lyme: Microbes and Mental Illness
Daniel Kinderlehrer, MD

Strategic Patient Conversations: Re-Thinking Your History Intake to Radically Improve Pain-Coping
Ya-Ling Liou, DC

Food, Medicine and Justice: Prescribing Nutrition in the time of Food Apartheid
Geeta Maker-Clark, MD

The Science of Longevity: hard science or wishful thinking?
Ryan McNally, ND, PA
Special Diets in Children: Are They Safe?
Sanghamitra Misra, MD

Healthcare for Children: Should it Include Chiropractors?
Katherine Pohlman, DC, MS, PhD

Breast Cancer: Let’s shift from Early Detection to Prevention
Tara Scott, MD

Integrative Acupuncture: Effective use within Medical Specialty Practices
Nell Smircina, DAOM, L.Ac., Dipl. OM

Guiding Families to Mindfulness Supports Decision Making for Adults and Children
David Steinhorn, MD; Jana Din

Breathing through Tension: Mind-Body Medicine in Pediatrics
Santisree Tanikella, MD, ABIHM, ABOIM

Fevers and Common Infections in the Pediatric Population
Tido Von Schoen-Angerer, MD, MPH
**Conference Registration**

**CONFERENCE PASS OPTIONS** | **REGISTRATION** | **UPGRADE TO E-LEARNING BUNDLE**
--- | --- | ---
AIHM Member Pass | $250 | $99
Student AIHM Member | $50 | $99
Non-Member Pass | $699 | $235

**REGISTRATION:** LIVE sessions start October 29 at 8 am and end October 31 at 1 pm. All access will be via ZOOM, including virtual networking opportunities. CME-eligible until 11/7/2021.

To claim CME credits, you need to login to the virtual event platform each day of the conference to claim credits for that day.

How long do I have access to the conference recordings after the event ends? While you must claim CME by November 7 you will have continued access to the video recordings of the live event for 1 month. All educational sessions will be available in the virtual platform until Sunday, December 5, 2021 at 11:59 pm PST.

**E-learning Bundle Upgrade:** You will be given the option to upgrade when registering during the check-out process. Purchasing the E-Learning Bundle gives you access to recordings of the conference event in perpetuity—meaning forever! This E-Learning course includes in perpetuity access to watch all video recordings within the AIHM eLearning platform (not downloadable), audio recordings (downloadable), PDF slides (downloadable), The conference recordings of the AIHM 2021 People Planet Purpose Conference is a STAND ALONE ENDURING MATERIAL course and therefore eligible for separate CME. While the live event CME ends November 7, 2021, the eLearning upgrade CME is a new activity that you will be eligible to claim for 1 year - until December 5, 2022. Note that the two activities are completely separate. When you attend the live conference you must LOG IN every day to claim your CME at the end of the event. The eLearning bundle does not have daily login requirements, but it does have short quizzes that you will be required to take in order to claim CMEs once you have completed the activity. The CMEs do not transfer between activities.

The discounted upgrade is only available during initial conference registration. If you purchase the conference e-learning bundle anytime AFTER registration, including after the October conference, the price increases. Purchasing this upgrade during registration will apply an 83% discount for Members and a 70% discount for non-Members.

**Attendee Registration, Cancellations & Refund Policy**
AIHM registration fees are refundable minus a $25 processing fee if your cancellation is received in writing no later than Friday, October 15, 2021. No refunds or credits will be given to “no shows”. Failure to log in to the broadcast with no prior written cancellation will result in complete forfeiture of conference registration fees. AIHM reserves the right to modify the conference schedule or program as necessary. AIHM also reserves the right to cancel this conference, in which case a full refund of the registration and/or exhibit fees will be provided.

**Guest Attendance Policy**
Virtual conference materials are available only to registered participants. Participation is limited to the paid registrant. Log-in information is unique and cannot be shared.

**Recording & Photography Clause**
AIHM reserves exclusive rights to record (audio and video) and / or photograph all conference proceedings, both in-person and virtual, for use in marketing materials, presentations and course content sales.
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